



Dringhouses Out of School Club Policies and Procedures

Food and Drink

Policy statement

DOOSC is committed to providing healthy, nutritious and tasty food and drinks for children during our sessions. The Manager and staff will make every effort to ensure that food and drink is safely prepared and sensitive to the dietary, religious and cultural requirements of all the children.

Procedures

When preparing food and drink, staff will be mindful of the provisions of the Hygiene policy to ensure that the safety of staff and children is paramount. In addition to these provisions, staff will be careful to ensure both the safety of themselves and children when using sharp or dangerous equipment in food and drink preparation.

The Manager and staff are mindful of their responsibilities and obligations under the Food Safety Act 1990. The Club is registered with the local authority to provide food. All staff who either handle or prepare food have up to date Food Handling Certificates and are fully trained in food storage, preparation, cooking and food safety.

In accordance with regulations regarding specific labelling of food allergens effective from December 2014, allergen information will be available for all ingredients used at the setting. Home baked cakes/produce such as birthday cakes are welcome at the setting but because of allergen identification they cannot be given to the children at the setting so will be sent home with children.

As part of a child's settling in period, the Club requires that the parents and carers complete the Registration Form, including information about any special dietary requirements or allergies the child suffers from, along with their food and drink preferences. The Manager and staff will ensure that food and drink offered to children takes account of this information so as to safeguard their health, and meet – as far as possible – their particular preferences.

No child will ever be forced to eat or drink something against their will and the withholding or granting of food and drink will never be used as either a punishment or reward.

A designated member of staff will complete a record of food given to the children in compliance to the Food Standards Agency. Please see the "Food Standards" folder for more information.

Healthy Eating

Fresh drinking water will be available at all times during session.

The Club recognises the importance of healthy eating and a balanced and nutritious diet. Because of this, the Club will endeavour to make a variety of foods available including; meat, vegetarian and vegan options, plenty of fruit and low fat and low sugary food. Sandwiches can be made with either brown or white bread, depending on a child's preference.

The Club will not regularly provide sweets for children and will avoid excessive amounts of fatty or sugary foods. The Club will provide a choice of non-sugary drinks and make sure that fresh drinking water is available at all times.

In line with the school food standards, DOOSC is committed to providing a healthy menu for the children.



Dringhouses Out of School Club Policies and Procedures

Cultural and Religious Diversity

The Club and its staff are committed to embracing the cultural and religious diversity of the families who use our services. The Manager and staff will work with parents/carers to ensure that any particular dietary requirements are met. The Club is also keen to help introduce children to different religious and cultural festivals and events through different types of food and drink session.

DOOSC have a duty to notify Ofsted of any food poisoning affecting two or more children looked after on the premises.

Nut Free Zone

In the interests of children who have an anaphylactic reaction to nuts, the setting now operates a nut free policy. This must be adhered to as the club has several children who have a severe allergy to nuts.

This policy was reviewed at a meeting of	D.O.O.S.C.
Held in:	April 2024
To be reviewed in:	April 2025
Signed on behalf of the setting:	
Name of Signatory:	
Role of Signatory:	Manager Deputy Manager