



Your photo here

All about me

My name is _____



A little about me

My family is made up of _____

I live with (*including pets*) _____

Other important people in my life are _____

My favourite toy or comfort object is called _____

The languages I speak are _____

I communicate through (*speech, ANC, signing etc.*) _____

Some special words or signs I use are _____

Some things that are culturally important to me and my family are
(*religious celebrations, traditions, observations of specific rules etc.*)

I'm really good at _____

I'm still learning to _____

How I describe myself _____

How those closest to me describe me _____

My early life



I started eating food other than milk when I was (age in months) _____

I started crawling when I was (age in months) _____

I started walking when I was (age in months) _____

I said my first words when I was (age in months) _____

My first experiences of being away from my parents/ main carers were _____



My favourite things



My favourite thing to do is _____

My favourite things to eat and drink are _____

My favourite toys are _____

My favourite books or stories are _____

My favourite songs are _____

My favourite characters are _____

Something that makes me really happy is _____

How I like to be comforted _____

The things I don't like



Something that might make me feel sad or frightened is _____

I don't like to _____

My least favourite thing to eat or drink is _____

I may struggle with _____

Some ways I show that I'm upset or anxious are _____

Some things adults can do to help if I'm having a hard time are _____

Anything else

